



## SJN Life Teen Discipleship Team Application

Thank you for your interest in joining the 2024-25 Discipleship Team! Our primary goal at SJNLT is to lead teens closer to Christ. We have found that the best way to accomplish this is through peer-to-peer ministry. As a teen leader, your love of Christ and your desire to help others will lead other teens to want to be and do the same.

Please note that while everyone is qualified to lead, serving our Discipleship team has certain requirements that not everyone can commit to. Please carefully review the expectations for all our members before committing to this ministry.

### Expectations:

As a member of SJNLT Discipleship Team, you are expected to:

- Attend a Youth Leadership retreat, date TBD.
- Participate as a leader at (at least) one of the upcoming retreats.

The 2024-25 Retreats are:

- ✓ Confirmation Retreat- **Nov 1-3, 2024**
- ✓ SJNLT Spring Retreat- **Mar 28-30, 2025**
- Assist with planning and executing between one to two “Life Nights” per semester.
- Attend monthly Discipleship team meetings.

SJNLT Discipleship members are not allowed to miss more than 2 Life Nights and one meeting per semester. If you do, you will be asked to take a step down from the Discipleship team or an alternate consequence.

I understand.



## SJNL Discipleship Team Covenant

*We are all a work in progress. No one is perfect—however, leaders are expected to have certain characteristics that enable them to lead. Having past struggles or mistakes does not exclude you from the team. But current actions and future goals are taken into account when selecting leaders. This Covenant is meant to help you decide whether or not serving as a leader is currently right for you. If you are unable or unwilling to follow these standards, then SJNL Discipleship Team may not be a right fit for you at this time.*

### 1. Commitment to Holiness

The most important thing we can do as leaders is to continually grow in personal holiness. You will not be successful in leading others to Jesus if you don't have a personal relationship with Him yourself.

The following are ways in which I commit to improving my spiritual life:

- I will deepen my relationship with God through daily prayer.
- I will attend Mass every Sunday (at minimum)
- I will go to Reconciliation regularly.
- To lead better, I will seek to learn the teachings of the Catholic Church.

### 2. Commitment to Leadership

Jesus says in Matthew 18:6 “Whoever causes one of these little ones\* who believe in me to sin, it would be better for him to have a great millstone hung around his neck and to be drowned in the depths of the sea.” It would be better for you to not lead at all than to lead a teen down the wrong path. Teens will not seek Christ if those they look up to aren't seeking Christ.

The following are ways in which I commit to being a leader:

- I will be excited about the Life Teen program at all times.
- I will attend Life Night every week. I will participate in Life Nights by being enthusiastic and attentive which will help others to fully engage as well.
- I will attend the Discipleship Team meeting every month.
- I will mentor at least one other teen throughout the year.
- I will never lead a teen in the program away from Christ.

### 3. Commitment to Lifestyle

Leaders are watched by everyone. Teens in the program will look up to the teen leaders as models of what being a disciple is all about. This does not only happen at Life Nights on Sundays. This happens during lunch at your school, while you are at band practice, football and basketball games, Friday night hangouts, social media, etc. Being a leader goes beyond the walls of St. John Neumann Catholic Church.

The following are the ways in which I commit to having a missionary lifestyle:

- I will follow all U.S. and GA State laws (this includes but is not limited to drugs, alcohol, weed, tobacco, vape, etc.)
- I will not engage in “hook-ups.”
- If I am in a relationship, I will maintain chastity and purity. (Chastity: CCC #2337-2364; Purity: CCC #2517-2533)
- I will stay away from gossip and negativity.
- I will not bully or exclude others.
- I will love others unconditionally.
- I will accept everyone without judgement and show them the love that Jesus does.

### 4. Commitment to Social Media

Social Media is an increasingly influential and powerful reality that exists today. But we are also learning that if not used wisely, it can be a weapon against our goals and future prospects. Leaders are called to a greater purpose and are expected to rise to this calling.

The following are the ways in which I commit to use my social media:

- I will not post any pictures containing drugs, alcohol, vaping, etc.
- I will not post anything that disagrees with Church teaching.
- I will not post anything promiscuous with the intent of glorifying my body rather than God.
- I will use social media to glorify God.
- I will not use social media to tear down others.
- I will use social media to build others up and affirm them.

By signing this document, I agree to fully live out the SJNLT Discipleship Covenant.

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*Signature*

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*Date*



## 2024-2025 SJNLT Discipleship Team Application

\*All those who apply for SJNLT Discipleship Team must let their parents know that they have applied. In addition, they must inform their parents that they are fully living out the Discipleship Covenant.

My parents know that I am applying for SJNLT Discipleship Team and that I am fully living out the Discipleship Covenant.

Name of Participant: \_\_\_\_\_

Gender: M F                      Date of Birth \_\_\_\_\_

Age \_\_\_\_\_ Grade \_\_\_\_\_ T-Shirt Size: XS S M L XL XXL

Address \_\_\_\_\_

\_\_\_\_\_

Primary Contact Phone # \_\_\_\_\_

Parent Contact Phone # \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Parent Email Address: \_\_\_\_\_

*Teen signature:*

\_\_\_\_\_

Date: \_\_\_\_\_

*Parent/Guardian signature:*

\_\_\_\_\_

Date: \_\_\_\_\_



3. In what ways do you like to pray?

4. What is challenging in your prayer life?

5. Is there anything that the Catholic Church teaches that you struggle to agree with? If so, what teachings?

6. Name an area in your faith that you want to grow in or improve in this year.

7. Name an area in leadership that you want to grow in or improve in this year.

8. What is your biggest strength as a leader? What is your biggest weakness?

9. If you had a magic wand (which we do not believe in) and could change/ add/ remove something about the Life Teen program, what would it be?

10. What is something you like about Life Teen?

11. What are you excited for this coming year?

12. Tell me a fun fact or something interesting about you.

13. Additional comments: Is there anything else you would like me to know about you?